

TUESDAY TIDINGS –5/19/20

Are you spending more on groceries? Don't forget to scan your Box Tops! **GET THE APP:** [Download on the Apple App Store](#) or [Get on Google Play](#) and help make money for Maury (school ID: 204921). May has been designated as Mental Health Awareness Month by the Virginia Department of Education. Mental Health Awareness Month is observed across the US to fight stigma, provide support, educate the public, and advocate for policies that support people with mental illness and their families. See what's happening this week:

FIVE THINGS TO KNOW:

- Washington Nationals is now offering Fun Student Online Activities focused on STEM, Reading, Exercise, and Math! The NOVA District PTA celebrates the valuable partnership with the Washington Nationals by sharing these great activities with our local PTAs! Check the [Nat's website](#) frequently to see more of the Washington Nationals student education programs being offered for all ages.
- There's a great opportunity to receive a free Brain Boost Packet in the mail from Running Brooke and Move2Learn. Just [fill out this short form](#) and submit!
- Ms. Tio and Ms. Koss are killin' it with video content. ICYMI, their latests are below:

["Feeling Rosy with Picasso"](#) from the amazing Ms. Tio, and

[Ms. Koss's latest video](#) (also available on the K-2 Music Clever Page)
- ACPS has multiple distribution meal site locations throughout Alexandria for all ACPS students and children over the age of two. Check out the [new pop-up food distribution sites](#) at The Fields and Bennington Crossing Apts. No sign up is required!
- ACPS is collaborating with the state to ensure all families who need it have access to food. Any family with a student in ACPS who is already approved for Free or Reduced Priced Meals (FARM) will automatically receive a Pandemic Electronic Benefit Transfer (P-EBT) card, which can be used to purchase food during the crisis. If your financial situation has been impacted by the COVID-19 pandemic or for other reasons, and you were not previously receiving Free or Reduced Priced Meals, please make sure you complete a [FARM application](#). If your family is eligible you will be added to our existing list of families to receive the EBT card payment. Questions? For more information, please refer to the [Food Access section of the ACPS-at-Home website](#) or visit the [VDSS Pandemic EBT website](#).

UPCOMING DATES AND REMINDERS

- 5/25/20 - Memorial Day, no school
- 6/15/20 - PTA Meeting via Zoom, 7pm

ACPS will continue to share information through the ACPS website, social media, and email. **Families can continue to check <https://www.acps.k12.va.us/coronavirus> for updates.**

Still need an ACPS Volunteer Card? Click [here](#) to apply. If you are a current or past volunteer you are not required to complete a new application. Instead, please [click here](#) to complete a renewal.

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📅 Import the [Maury PTA Calendar](#) to your Google calendar.

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